

FRESHMAN FOUNDATIONS (FRES)

FRES-100 FRESHMAN FOUNDATIONS ACADEMIC SUCCESS SKILLS (0 Credits)

Academic Success Skills is a non-credit class that meets once a week. The class will focus specifically on developing and practicing skills proven to be key to college academic success. FRES 100 will focus on study skills and habits recommended for success in college academics. The course will also include a focus on time management and communication. This non-credit course is graded pass/fail.

FRES-101 ENCOURAGING ACADEMIC SUCCESS (0 Credits)

FRES 101 is a non-credit course that meets twice weekly for one semester. This course is required for all freshman students on academic probation to provide the needed academic support to help students explore ways to manage time and lifestyle; set academic goals and priorities; improve study skills; and utilize University support systems. This non-credit course is graded Pass/Fail.