

# COUNSELING EDUCATION (CE)

## CE-500 RESEARCH METHODS IN THE EDUCATION PROFESSION (3 Credits)

This course provides an introduction to the many methodologies commonly used in the education professions of teaching, counseling, and leadership. Participants will recognize the characteristics of well-designed quantitative and qualitative research and what methodologies may be used to best address given research questions. Design of an original research project and critical analysis of both qualitative and quantitative research are components of the course.

**Restrictions:** RG.UG.GR

## CE-501 COUNSELOR EDUCATION PROGRAM ORIENTATION (0 Credits)

This course will orient students to the Counselor Education program. Students will be introduced to the core faculty and resources available to them during their program. Students will also be provided with detailed information regarding their program of study, navigating the Moodle page, gatekeeping, Taskstream, and program requirements.

## CE-505 TECHNOLOGY FOR EDUCATORS AND COUNSELORS (3 Credits)

This course will develop understanding, perspective, competence and leadership in the use of technology in education and counseling. Part of the course will be offered over the Internet to provide students with hands-on experience and allow the student to gain a working appreciation of the value of this technology applied in his/her profession.

**Restrictions:** RG.UG.GR

## CE-510 INTRO TO THE PROFESSION OF COUNSELING (3 Credits)

This graduate counseling course is aimed to acquaint students with the field of counseling. This is the introductory graduate course in counseling designed to provide a general overview and survey of the profession. Roles and responsibilities of counselors across a variety of settings will be examined. Ethical codes and legal statutes in the counseling field will be addressed.

**Restrictions:** RG.UG.GR

## CE-511 ADVANCED HUMAN GROWTH & DEVELOPMENT (3 Credits)

This course offers students an in-depth exploration of the interpretation and practical application of developmental theories to understand human behavior, learning, and personality. It investigates the core tasks, challenges, and life transitions that individuals encounter throughout the lifespan. Moreover, this course serves as a solid developmental foundation for those pursuing careers in counseling to recognize how stressors and trauma can impact development.

**Restrictions:** RG.UG.GR

## CE-530 THEORIES AND TECHNIQUES OF COUNSELING (3 Credits)

This course provides an introduction to common counseling theories and techniques. This review allows for students to gain the knowledge and skills required for practice and conceptualization for working with clients in clinical, family, or school settings. Classroom activities include the use of role-play and videotaping to help facilitate the development of these skills. This course is a prerequisite for Practicum I (CE 610) and counseling internships (CE 620/625).

**Restrictions:** RG.UG.GR

## CE-540 DIAGNOSIS OF PSYCHOPATHOLOGY (3 Credits)

To acquaint the beginning graduate student with the practice of diagnosing psychopathology. The definitions and distinctions between the various mental disorders are presented, as well as an introduction to the current research in the field, a discussion of the numerous continual controversial issues, and a review of the databased treatment approaches. In addition, this course will assist the graduate student to understand the nature, needs, and problems of individuals at all developmental levels over the life span and within a multicultural and diverse society.

**Restrictions:** RG.UG.GR

## CE-550 GROUP COUNSELING (3 Credits)

This course provides a basic introduction to group process and group counseling. The class will blend theory with practice during the semester by meeting as an experiential group. The course will explore various theoretical approaches to group practice as well as the four group work specializations developed by the Association for Specialists in Group Work: task, psychoeducational, counseling, and psychotherapy. The Beginning, Middle, and Closing stages of particular group counseling sessions will be explored in detail.

**Restrictions:** RG.UG.GR

## CE-560 PSYCH TESTING & ASSESSMENT (3 Credits)

Psychological Testing and Assessment is an introductory course designed to introduce the graduate student in counseling to the statistical foundations for testing and assessment, as well as become familiar with major tests published and research base, following in the psychological, educational, and counseling fields.

**Restrictions:** RG.UG.GR

## CE-570 CAREER COUNSELING (3 Credits)

Career counseling is designed to provide an understanding of career development and related life factors across the life span. The course will familiarize the student with theory, materials, techniques, and interventions that focus on helping individuals in their relationship to the world of work.

**Restrictions:** RG.UG.GR

## CE-609 INTRODUCTION TO CLINICAL PRACTICE (0 Credits)

This course will prepare students for their upcoming field placement experiences in counseling agencies and in schools. Field placements in the Counselor Education MAEd degree programs consist of three semesters of academic work towards the end of the student's degree plan. Information covered in this course will include an overview of legal and ethical requirements of counselors-in-training, hour requirements, evaluation procedures, supervision requirements, and other pertinent information regarding working professionally with clients/students as a counselor-in-training.

**Prerequisite(s):** TAKE CE-510

**Restrictions:** RG.OLCE

## CE-610 PRACTICUM IN COUNSELING (3 Credits)

The purpose of this class is to provide the student an opportunity to learn and work in the counseling profession. This course will help students understand the role of being a mental health or school counselor where they are able to learn and apply skills to become an ethical and culturally aware counselor. Students will receive supervision on site and in class. Students will complete 100 hours on site, with the expectation of at least 40 direct hours working with clients or students at their assigned site. Students will use counseling skills and clinical interventions to begin building an active case load of clients or P-12 students. Additionally, students may gain experience evaluating, assessing, and treating clients with mental health or school related concerns.

**CE-620A INTERNSHIP I:SCHOOL COUNSELING (3 Credits)**

The purpose of this class is to provide the student an opportunity to learn and work in the profession as a school counseling intern. This course will help students understand the role of being a school counselor where they are able to learn and apply skills to become an ethical and culturally aware counselor. Students will receive supervision on site and in class. Students will complete 300 hours on site, with the expectation of at least 120 direct hours working with P-12 students. Students will use counseling skills and clinical interventions to maintain an active case load of students. Additionally, students may gain experience with the American School Counseling Associations National Model, assessing and addressing school needs, classroom lessons, classroom management, and interdisciplinary teamwork necessary to promote a successful school counseling program

**Restrictions:** RG.UG.GR

**CE-620B INTERNSHIP II:SCHOOL COUNSELING (3 Credits)**

The purpose of this class is to provide the student an opportunity to learn and work in the profession as a school counseling intern. This course will help students understand the role of being a school counselor where they are able to learn and apply skills to become an ethical and culturally aware counselor. Students will receive supervision on site and in class. Students will complete 300 hours on site, with the expectation of at least 120 direct hours working with students. Student will use counseling skills and clinical interventions to maintain an active case load of students. Additionally, students may gain experience with the American School Counseling Association's National Model, assessing and addressing school needs, classroom lessons, classroom management, and interdisciplinary teamwork necessary to promote a successful school counseling program.

**CE-621 ADV INTERNSHIP:SCHOOL COUNSELING (3 Credits)**

This course is designed to provide practicing school counselor an opportunity to gain more experience in conducting professional supervision, didactic presentations, and research. This course is needed for those school counselors seeking permanent certification in school counseling, and may be pertinent for those school counselors seeking other types of certification (e.g. National Board Certification) or licensure.

**Restrictions:** RG.UG.GR

**CE-625A INTERNSHIP I:CLIN MENTAL HEALTH COUNSEL (3 Credits)**

The purpose of this class is to provide the student an opportunity to learn and work in the profession as a mental health counseling intern. This course will help students understand the role of being a mental health counselor where they are able to learn and apply skills to become an ethical and culturally aware counselor. Students will receive supervision on site and in class. Students will complete 300 hours on site, with the expectation of at least 120 direct hours working with clients. Student will use counseling skills and clinical interventions to maintain an active case load of clients. Additionally, students may gain experience evaluating, assessing, and treating clients with mental health concerns.

**Restrictions:** RG.UG.GR

**CE-625B INTERNSHIP II: CMHC (3 Credits)**

The purpose of this class is to provide the student an opportunity to learn and work in the profession as a mental health counseling intern. This course will help students understand the role of being a mental health counselor where they are able to learn and apply skills to become an ethical and culturally aware counselor. Students will receive supervision on site and in class. Students will complete 300 hours on site, with the expectation of at least 120 direct hours working with clients. Student will use counseling skills and clinical interventions to maintain an active case load of clients. Additionally, students may gain experience evaluating, assessing, and treating clients with mental health concerns.

**CE-628 FOUNDATIONS OF SCHOOL COUNSELING (3 Credits)**

This course is an introduction to the profession of school counseling. Emphasis is placed on historical foundations and current perspectives; development and implementation of a comprehensive, developmental school counseling program through the lens of the ASCA National Model; appropriate roles and functions of school counselors at various school levels; culturally competent school counseling; and other professional topics relative to school counseling.

**Restrictions:** RG.OLCE

**CE-629 ETHICAL & LEGAL ISSUES IN SCHOOL COUNSELING (3 Credits)**

This course is an introduction to the ethical practice of school counseling. It will examine the ethical, legal, and professional issues specific to school counselors. Application of ethical codes and practices related to certification, special client populations and diverse settings, and other professional topics relative to school counseling will be explored.

**Restrictions:** RG.OLCE

**CE-630 MGMT OF SCHOOL COUNSELING PROGRAMS (3 Credits)**

To provide students with knowledge and skills in the management of school based counseling programs. Topics to be examined include needs assessment, program development, time management, consultation within the system and community, intervention strategies, evaluation and public relations.

**Restrictions:** RG.UG.GR

**CE-631 SEM:SCHOOL COUNSELING (3 Credits)**

This course is designed to provide school counselors with a forum to explore and discuss the literature, practice, and current issues associate with school counseling. Sample topics for discussion include ethics, certification, special client populations (e.g. children with disabilities, children who are grieving); legislation professional organizations, current issues (e.g. supervision, peer mediation and conflict resolution, motivation, state standards, and evaluation of school counseling services. This course is required for school counselors seeking permanent certification.

**CE-632 CHILD & ADOLESCENT COUNSELING (3 Credits)**

This course provides an overview of theories and techniques of counseling children and adolescents, preparing students to address the developmental needs and common emotional needs of children and adolescents as they apply to the school counseling profession within P-12 school settings. Through didactic and experiential instruction, students will be provided with the opportunity to develop skills necessary to counseling children and adolescents individually and in a group, while using age appropriate techniques (e.g., expressive arts, play, role play). Collaboration with families and communities will also be discussed.

**Restrictions:** RG.OLCE

**CE-633 SP TOP IN SCHOOL COUNSELING (3 Credits)**

This course is designed to provide school counselors with a forum to explore and discuss the literature, practices, and current issues associated with school counseling. Sample topics for discussion include culturally sustaining school counseling, leadership and advocacy, crisis- and trauma-informed school counseling, assessing suicidality, safety management, substance use, addictions, ethical and legal issues in school counseling, professional relationships with stakeholders, self-care, and other trending special topics related to school counseling.

**Restrictions:** RG.OLCE

**CE-634 INTERVEN FOR SCHOOL & CMH COUNSELING (3 Credits)**

This is an intermediate class designed to improve the clinical skills of graduate students in Counselor Education by providing them with an in depth application experience in the Multidimensional Approach to the diagnosis and treatment of psychological disorders of children and adults. This approach emphasizes the genetic, biological, race, gender, class, religious difference, sexual orientation and social learning factors as they influence the individual and their psychological disorder.

**CE-636 ETHICAL & LEGAL ISSUES IN CMH COUNSELING (3 Credits)**

Explore ethical and legal standards for clinical mental health counselors. Learn how to apply an ethical decision-making model and to understand, articulate, and embody professional identity.

**CE-637 MGMT CLINICAL MENTAL HEALTH COUNS PROGS (3 Credits)**

This course provides the clinical mental health counseling student with the foundations, contextual dimensions, and knowledge/skills required by the community counseling profession. Several of the courses in the general Counselor Education Program address the CACREP Curricular Experiences addressed in the CACREP Standards. CE 637 reviews many of these areas as well as addressing some specific standards for the first time.

**Restrictions:** RG.UG.GR

**CE-638 MULTICULT COUNSELING (3 Credits)**

This course focuses on the personal and professional development of the students as human beings, global citizens, and counselors. This course is intentionally designed to promote critical self-analysis, cultural understanding, and personal and collective growth and change, through honest and respectful discussions, readings, and assignments. The course is grounded in the study of multicultural and counseling theories that emphasize the relevance of social and cultural context and advocacy roles of counselors.

**CE-639 HUMAN SEXUALITY ISSUES IN COUNSELING (3 Credits)**

This course will provide opportunities for students to develop an understanding of basic concepts of sexuality across the lifespan including physiology, sexual/affective orientation, gender identity, intimate relationships, and cultural contexts surrounding issues in sexuality. Further students will develop an understanding of skills, assessment, intervention, and key ethical consideration of sexuality issues that present in professional counseling. Finally, students will explore their personal attitudes, biases, affect, and perceptions about sexuality issues. Students will be given opportunities to consult with faculty to receive direction, feedback, and supervision. There will be modules, lessons, and assignments.

**Restrictions:** RG.OLCE

**CE-640 INTRODUCTION TO ADDICTIONS (3 Credits)**

Course students will obtain an overview of: abused substances and addictions; the addiction field, including treatment approaches and modalities; theoretical models applied to understanding abuse and addictions; trends in alcohol and other drug (AOD) use, abuse, addiction and treatment.

**Corequisite(s):** CE-510 CE-530 CE-550

**Restrictions:** RG.UG.GR

**CE-641 PSYCHOPHARMACOLOGY AND ADDICTIONS (3 Credits)**

This course is designed to be an introduction to the field of psychopharmacology and how it applies to addictions. Course participants will obtain an overview of a gamut of drugs and their classifications, site of action, use, interactions, abuse and addiction. In addition, the biological and psychosocial aspects of dependency are addressed.

**Restrictions:** RG.UG.GR

**CE-642 INTRODUCTION TO CRISIS COUNSELING (3 Credits)**

This course provides students with applicable knowledge to working in crisis situations and with clients navigating traumatic events. They will gain knowledge of crisis counseling models and strategies, the impact of crisis and trauma events on clients, their roles and responsibilities in community outreach and emergency response, as well as working with suicide prevention strategies.

**Restrictions:** RG.UG.GR

**CE-643 Counseling for Trauma-Causing Events (3 Credits)**

This course will provide the student with working knowledge in several important areas of crisis and emergency counseling interventions in community mental health agencies, hospital emergency and psychiatric departments, and schools with emphasis on knowledge and skills for trauma assessment and treatment, crisis management, bereavement in crisis and emergency situations, pain management in emergency situations, evaluation of psychiatric emergencies.

**CE-649 FAMILY & COUPLES COUNSELING (3 Credits)**

This is an introductory course offered annually to acquaint the student with the fundamentals of family and marriage counseling. The student would be introduced to the predominant theories and specific techniques of marriage and family counseling. The course will discuss typical and atypical examples of family development to make students aware of a multi-cultural and diverse society.

**Restrictions:** RG.UG.GR

**CE-650 SCH/COUNS & SP/EDUCATION (3 Credits)**

This counseling course is aimed at providing school counselors with a general introduction to the special education field as it relates to counseling. This course is designed to help school counselors explore interventions, advocate for change, use data to identify gaps in achievement, opportunity, and attainment, and maintain professional knowledge of the ever-changing and complex world of students' culture. Students will explore the roles and responsibilities of school counselors within the special education team.

**Restrictions:** RG.UG.GR

**CE-652 BRIEF THERAPY (3 Credits)**

**Restrictions:** RG.UG.GR

**CE-656 INTRODUCTION TO PLAY THERAPY (3 Credits)**

This course is an introduction to facilitating the counseling relationship with children by utilizing play media to facilitate expression, self-understanding, and personal growth and development. This course provides students with the philosophical basis for play therapy, including a review of the history of play therapy, how to develop a relationship with a child through a theoretical framework, and an introduction to play therapy best practices. Students will become familiar with play therapy micro-skills, the purpose and application goals of play therapy, therapeutic stages and themes, ethical issues, cross cultural / diversity implications, basic developmental and neurological implications, and applications to a variety of populations and therapeutic contexts.

**Restrictions:** RG.OLCE

**CE-661 GRIEF COUNSELING COPING WITH LOSS & UNDERSTANDING THE GRIEF PROCESS (3 Credits)**

In this course, a myriad of losses are discussed, including but not limited to: death, divorce, disability, employment, war, and infertility. Differential grief responses are addressed, and a gamut of assessment and intervention strategies are identified, in order to assist the person who is grieving cope with the loss in a positive manner. What constitutes 'pathological grief' will be reviewed, as well as cultural responses to, and rituals in regard to the grieving process. Students will increase their own self-awareness as to their loss experiences and grieving mechanisms. Community resources related to grief, such as support groups and Hospice, will be discussed, as well as numerous online tools.

**Restrictions:** RG.UG.GR

**CE-663 RESIDENCY 2:ADVANCED PROFESSIONAL PRACTICE OF COUSELING (3 Credits)**

This residency course will provide advanced opportunities to build upon special topics regarding their tracks of study of mental health and school counseling. It will continue to allow students to lead experiential activities within the areas of individual and group counseling, through role play and simulation. Students will be given further opportunities to consult with faculty to receive direction, feedback, and supervision. There will be modules, lessons, and assignments before and after this four-day, in-person residency.

**CE-699 MASTER'S THESIS (1-6 Credits)**

The thesis involves substantial research work on a topic identified by the student and approved by the thesis adviser.